



IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant : CHEN  
Application No. : 09/813,314  
Filed : March 21, 2001  
Title : MUSCLE STRENGTHENING METHOD  
AND APPARATUS  
Group Art Unit : 3764  
Examiner : G. Richman  
Docket No. : 3103-89

**MAIL STOP NON-FEE AMENDMENT**

Honorable Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

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**TRANSMITTAL COVER SHEET**

Sir:

Transmitted herewith for filing are the following:

1. AMENDMENT - in response to Office Action of January 14, 2004.

The Commissioner is hereby authorized to charge any fees which may be required for the filing of this document to Deposit Account No. 501874.

Respectfully submitted,

Date: April 14, 2004

By:

Bruce H. Troxell  
Reg. No. 26,592

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Attorney Docket: 3103-89

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**AMENDMENT**

Sir:

In response to the Office Action of January 14, 2004, please amend the above-identified application as follows: